



XIS Activities Program Description Brochure

August 27th to November 7th

Grades 6-12

Tuesday Options

Activity	Activity leader/s	Description	Venue	Notes	Grades
Musical Drama	Mr. Grant Ms. Levy Ms. Angela Ms. Brown Mr. Patrick	This is a whole school production. It will continue a few weeks into the start of trimester 2. It will run twice a week. There will be 3 Saturday rehearsals. Students will develop their confidence, commitment and collaboration skills. They will also improve their speaking and listening skills.	Cafeteria	There will be a fee of RMB200 which will go towards production costs. Students must commit to the performance dates Dec 16 and 18 and all rehearsals. Students who wish to be in the drama (acting roles) should sign up for both days. Students who wish to be musicians in the band or singers in the choir should only sign up for Tuesday .	G6-G12
ABRSM Music Theory Course	KingBon's Music (outside provider)	Developing music theory is a key part of a comprehensive education for all types of performers, composers and listeners. Understanding how the notation markers relate to musical elements, interpreting and translating musical notes into sounds, these qualities and skills allow us to convey and experience music in meaningful ways. Music theory is a very practical subject and has a close connection with performance and composition. A long-term benchmark is that candidates must pass the Grade 5 (or above) music theory test before they can apply for the Grade 6, 7 and 8 or above level performance test.	Gym Classroom	IMPORTANT: This activity is subsidized by XIS. However, as this activity is offered by an expert, outside provider there is an instructor fee involved: 100 RMB per session (based on a sign up of 10 students) Total 100RMBx 10 sessions = 1000 RMB per trimester.	G8-G12

Girls Volleyball	Mr. Go	This activity is to enhance your volleyball skills in a team setting. No experience, No problem.	Gym		G9-G12
MakerSpaceTECH Ambassadors	Mr. Lancett	Two +/- students per grade level this is for serious Makers only. These students will receive training on all of the programs and machines in the Tech Environment.	Secondary IT Lab		G7-G10
Coloring Papers	Ms. Lee	This activity aims to have focus on the present to help achieve mindfulness. Coloring has the power to focus the brain similarly to meditation. While having coloring activity, you will lower stress and boost creativity.	B204 (Korean classroom)		G6-G12
Model United Nations (MUN) (Full now)	Mr. Emmerink	Are you interested in the contemporary issues that our planet faces? Are you willing to think about solutions and strategies to target these issues with like-minded people? Are you comfortable to speak in public and give your opinion on these matters? If you answered 'yes' to the questions above, then MUN surely is the activity for you! During MUN debates, you will research and provide solutions to contemporary world issues, after which you'll debate these issues and solutions with other delegates.	B303	IMPORTANT: HS students (grade 9 and onwards) that are interested in attending CISSMUN (Concordia Shanghai) are obligated to enroll in MUN in T2!	G6-12
Personal Project	Ms. Studniski	This AP is strongly recommended to all grade 10 students as completion of the Personal Project in a	B118 (Language		G10

		mandatory culminating project for grade 10 students. This AP is designed to guide the Personal Project Candidates and give them time during the school hours to work with the coordinator, meet internal deadlines, and meet with their advisors.	and Literature Classroom)		
Film Appreciation	Ms. Grant Ms. Liao	To watch good movies will give students a good laugh and allow them to bond with their classmates. Good movies can also inspire students to look at life in a different perspective.	B114 (ELL classroom)		G6-G8
Board Game Club	Mr. Gressley	This club focuses on having an enjoyable, entertaining time while improving memory and cognitive skills. Students will enjoy some friendly competition and cooperative game play while learning to play board games.	B212		G8-G12
Boys Soccer	Mr. Checho	Students will learn skills and techniques to develop their game. They will also learn to play football for enjoyment and learn the skills of: working as a team, being a good winner and a good loser.	Soccer Field		G6-G9
Art Studio Activity	Mr. McTavish	This activity is for XIS artists to explore and extend their creativity. It is an opportunity to plan and create	B308/10		G6-G12

		your own artwork using any of the media available in the art room.			
Leadership Development for NHS and Student Council	Mr. Burnside	NHS Members and Student Council Officers meet at this time with Mr. Burnside to get develop plans for projects which will serve XIS students or the wider community.	B118		Open only to NHS members & Student Council Officers
Musical Choir	Ms. A. Joseph	This choir is open to all students who have a passion for singing. The choir will act as part of the musical, adding the essential vocal component that binds the musical together.	Music Room		G6-G12
Elementary School Service Program	Mr. Lugang	This activity is aimed to those students who which to give back to the XIS community by playing an integral role in supporting a range of activities in the elementary school activity program. This may involve supervising children during sport activities and working with outside providers.	Varies		G6-G12



XIS Activities Program Description Brochure

August 27th to November 7th


Grades 6-12

Thursday Options

Activity	Activity leader/s	Description	Venue	notes	Grades
XIS Science Club	Fleming Seo Billy Chen Supervisor: Mr. Yates	In XIS science club, we talk and do sciences. This AP aims to discuss and develop understanding about the significance of science, its implication to the world and relation with us. Furthermore, through the discussions, you will be able to diversify perspective and develop insights about science. We welcome anyone, especially for those who are interested in science, and also those who plan on pursuing it as a career in the future. Of course, we have experiments for the fun as well.	Chemistry Classroom (1 st floor)		G6-G11
XIS Food Journal	James Li Supervisor: Mr. Lugang	XIS Food Journal is a fun club where students get to taste different Xiamen delicacies as a cultural experience. The main goal of the ap is to not only eat, but to write small articles to spread Xiamen culture. As the Xiamen community has been more international than before, people often forget the city's origin and such. To this problem, that is why I'm creating this ap for people to be more knowledgeable of where we live. Overall, this is a great opportunity for	TBA		G8-12

		students to understand Xiamen's culture in a yummy way.			
Musical Drama	Mr. Grant Ms. A. Joseph Ms. Levy Ms. Angela Ms. Brown Mr. Patrick Ms. Kim	This is a whole school production. It will continue a few weeks into the start of trimester 2. It will run twice a week. There will be 3 Saturday rehearsals. Students will develop their confidence, commitment and collaboration skills. They will also improve their speaking and listening skills.	Cafeteria	There will be a fee of RMB200 which will go towards production costs. Students must commit to the performance dates Dec 16 and 18 and all rehearsals. Students who wish to be in the drama (acting roles) should sign up for both days. Students who wish to be musicians in the band or singers in the choir should only sign up for Tuesday .	G6-G12
ABRSM Chamber Music Course	KingBon's Music (outside provider)	Chamber music is a form of classical music that is composed for a small group of instruments—traditionally a group that could fit in a palace chamber or a large room. Most broadly, it includes any art music that is performed by a small number of performers, with one performer to a part (in contrast to orchestral music, in which each string part is played by a number of performers). Because of its intimate nature, chamber music has been described as "the music of friends". For more than 100 years, chamber music was played primarily by amateur musicians in their homes, and even today, when chamber music performance has migrated from the home to the concert hall,	Music Room	IMPORTANT: This activity is subsidized by XIS. However, as this activity is offered by an expert, outside provider there is an instructor fee involved: 100 RMB per session (based on a sign up of 10 students) Total 100RMBx 10 sessions = 1000 RMB per trimester.	G6-G11

		many musicians, amateur and professional, still play chamber music for their own pleasure. Playing chamber music requires special skills, both musical and social, that differ from the skills required for playing solo or symphonic works.			
Dance Exercise	Ms. Yumul Dr. Holman	This activity is open to all students who enjoy a combination of dancing and exercise. We will explore and combine different genres (hip hop, kpop, zumba, etc.) to make it more enjoyable for all. Students who wish to join must come in sports attire (gym clothes and rubber shoes).	B106 (Biology Classroom)		G6-G12
Boys Volleyball	Mr. Go	This activity is to enhance your volleyball skills in a team setting. No experience, No problem.	Gym		G9-G12
Swimming / Water Polo	Mr. Sal	This activity is open to beginning and intermediate level swimmers who are wishing to enhance their skills and learn water safety to develop an important life skill.	Pool		G7-G10
Basketball Games	Mr. Lancett	This is open to anyone who wants to play basketball games and learn skills while having fun. Only requirement is that you have to play hard!!!!	Gym / Outdoor Courts		G7-G12

<p>Molas</p> 	<p>Ms. Jill</p>	<p>Students will learn about Molas, a traditional artform of the Kuna Indigenous tribe of Panama. In addition, students will design and create their own Mola. This is a sewing project created by layering fabric. Students will learn how to hand sew during this activity as well as Spanish vocabulary relative to the project. Limited to 15 students</p>	<p>B307</p>		<p>G6-G12</p>
<p>UNO Club</p>	<p>Ms. Bell</p>	<p>In UNO Club, students will learn how to strategize, practice working memory skills, and mental flexibility. Students will adapt and adjust to changing conditions and expectations, tally points, and follow the official rules. Students will participate in trimester-long tournaments.</p>	<p>B117 (Lang & Lit classroom)</p>		<p>G6-G12</p>
<p>Environmental Action Club</p>	<p>Ms. Ransom</p>	<p>The Environmental Action Club is for student leaders and individuals who want to help create an environmentally friendly and sustainable XIS school community. Through collaboration, leadership, coordination, and implementation of ideas, the Environmental Action Club aims to make a difference and reduce its impact on the environment while making XIS a model for environmental stewardship in Xiamen.</p>	<p>Library</p>		<p>G6-G12</p>

CAS	Mr. Potts	The focus will be on providing dynamic CAS experiences for DP students. Depending on interests, we could focus on KIVA, Paper Planes or WarChild. It will be student driven, but the DP coordinator will ensure that sessions are structured and purposeful. Learning experiences must also be recorded on Managebac.	TBA		G11-G12
Newspaper	Mr. Gleeson	This activity is aimed at developing student writing by allowing students to write stories for the school new website WWW.XISNEWS.COM. Students should be interested in asking questions, conducting interviews, improving their formal English and having their work published online.	B225	Students who are keen to continue this AP across three trimesters are encouraged to apply. Also, students with an interest in photography.	G8-12
Elementary School Service Program	Mr. Lugang	This activity is aimed to those students who which to give back to the XIS community by playing an integral role in supporting a range of activities in the elementary school activity program. This may involve supervising children during sport activities and working with outside providers.	Varies		G6-G12

